



Please note that for STARS training there is a priority of access to CHSP volunteers and staff working in the Canterbury Bankstown and Inner West Local Council Areas.

STEP INTO VOLUNTEERING

Thursday 14 October 2021
2.00 pm - 3.00 pm
Free Online Information Session
Facilitator - Angela Gallard

This information session by IWC Libraries is for Inner West Residents wanting to find out more about volunteering.

Registrations via [eventbrite.com.au/e/step-into-volunteering-information-session-with-stars-tickets-169045472559](https://www.eventbrite.com.au/e/step-into-volunteering-information-session-with-stars-tickets-169045472559)

MANUAL HANDLING (ONLINE)

Wednesday 20 October 2021
9.30 am - 12.00 pm
Free Online course - For CHSP volunteers or staff in individual or group social support & transport
Facilitator - Susan Smith

This is for workers supporting people in the community and includes risk management, back care, and practical ways to ensure safe manual handling.

Registrations via [4cs.org.au/civicm/event/info?reset=1&id=226](https://www.4cs.org.au/civicm/event/info?reset=1&id=226)

COMMUNITY GOVERNANCE TRAINING (ONLINE)

Thursdays 28 October, 4, 11, 18 and 25 November 2021
Short evening sessions on consecutive weeks from 6pm.
All sessions are free for existing or potential board members

Sessions 1 - 3 Navigating Governance with Debbie Jamieson, D Jamieson Consulting.
Sessions 4 - 5 Understanding Financial reports with Kirsten Forrester, Accounting for Good.

Registrations via [4cs.org.au/news-events/events/stars-governance-training](https://www.4cs.org.au/news-events/events/stars-governance-training)

VOLUNTEER ESSENTIALS (ONLINE)

Tuesday 9 & 16 November 2021
9.00 am - 12.00 pm
Free - CHSP Volunteers & Staff
Online course
Facilitator - Leonie Puckeridge

Are you about to start volunteering or recently started? Over 2 half days, this online training course will cover the essentials for volunteers in CHSP funded services.

Registrations via [4cs.org.au/civicm/event/info?reset=1&id=227](https://www.4cs.org.au/civicm/event/info?reset=1&id=227)

VOLUNTEERING COORDINATOR MEETING (ONLINE)

Tuesday 9 November 2021
1.30 pm - 3.00 pm

Are you a Volunteer Coordinator or have Volunteer Coordination as a part of your role? Come and join other coordinators for connection and support in this virtual meeting.

Registrations contact Angela angela.gallard@4cs.org.au

MANUAL HANDLING (ONLINE)

Friday 26 November 2021
9.30 am - 12.00 pm Free
Online course - For CHSP volunteers or staff in individual or group social support & transport
Facilitator - Susan Smith

This is for workers supporting people in the community and includes risk management, back care, and practical ways to ensure safe manual handling.

Registrations via [4cs.org.au/civicm/event/info?reset=1&id=229](https://www.4cs.org.au/civicm/event/info?reset=1&id=229)

CHANGE MANAGEMENT & RESILIENCE (ONLINE)

For CHSP staff

Tuesday 30 November,
9.00 am - 12.00 pm
\$ 50 for CHSP staff
Facilitator - Tulsi van de Graaff

More change is in store for the aged care sector. This workshop aims to:

- Support you to identify the challenges & emotions you face during change & transition
- Build a sense of control & acceptance by focusing on what can be changed or needs to be accepted.
- Consolidate goals that will assist you to develop a plan that gives a sense of direction whilst encouraging commitment to acceptance, self-care & support.

Registrations via [4cs.org.au/civicm/event/info?reset=1&id=228](https://www.4cs.org.au/civicm/event/info?reset=1&id=228)

ONSITE AND CUSTOMISED TRAINING

STARS have accredited trainers that can facilitate onsite or online training for your team. Contact Leonie Puckeridge on 9750 9344 or leonie.puckeridge@4cs.org.au if you are interested in training contextualized to meet your team's needs.