



Please note that for STARS training there is a priority of access to CHSP volunteers and staff working in the Canterbury Bankstown and Inner West Local Council Areas.

PROVIDE FIRST AID (INCLUDES CPR) HLTAID011 (2 AVAILABLE)

Monday 7 February 2022,
The Carrington Centre Campsie
9.00 am - 4.30 pm
Registrations via [4cs.org.au/
civicrm/event/info?reset=1&id=237](https://4cs.org.au/civicrm/event/info?reset=1&id=237)

Wednesday 16 February 2022,
Learning Room 1, Marrickville
Pavilion, 9.00 am - 4.30 pm
Registrations via [4cs.org.au/
civicrm/event/info?reset=1&id=238](https://4cs.org.au/civicrm/event/info?reset=1&id=238)

Cost - \$60 CHSP volunteers;
\$90 CHSP staff; \$130 others
(CPR only - \$60 CHSP staff; \$45
CHSP volunteers; \$90 others)
Trainer - Mary Blankevoort

This training course will give you the skills and knowledge required to provide First Aid response in a range of situations.

CULTURAL COMPETENCY AND TRAUMA INFORMED CARE (ONLINE)

Monday 14 February 2022
9.00 am - 12.30 pm
Cost - \$50 for CHSP staff and
CHSP volunteers
Trainer - Aimee Chaffer

This half-day workshop will give participants an understanding of the impact of torture and refugee trauma, how this impacts on the ageing process, and vice versa.

Registrations via [4cs.org.au/
civicrm/event/info?reset=1&id=246](https://4cs.org.au/civicrm/event/info?reset=1&id=246)

STEP INTO VOLUNTEERING

Monday 21 February 2022
10.00 am - 11.30 am, Campsie
Free Information Session
Trainer - Angela Gallard, STARTTS

Have you ever thought about Volunteering but didn't know where to start? This information session will tell you how. Open to the public -registrations essential

Registrations via [4cs.org.au/
civicrm/event/info?reset=1&id=235](https://4cs.org.au/civicrm/event/info?reset=1&id=235)

DEMENTIA AUSTRALIA VIRTUAL CLASSROOM- BUILDING RELATIONSHIPS

Tuesday 22 February 2022
9.30 am - 11.30 am, Online
Cost - \$50 for CHSP and other
aged care staff and volunteers
Trainer - Dementia Australia

This workshop will empower & equip staff to build strong and trusting relationships with people living with dementia and their families. Suitable for frontline staff including care workers, & other staff supporting people living with dementia.

Registrations via [4cs.org.au/
civicrm/event/info?reset=1&id=248](https://4cs.org.au/civicrm/event/info?reset=1&id=248)

OLDER PERSONS MENTAL HEALTH FIRST AID (OPMHFA)

Fridays 4 and 11 March 2022
9.00 am - 4.30 pm, Haberfield
Cost - \$25 for CHSP staff and
CHSP volunteers (BYO Lunch)
Trainers - Jane Massa and
Danni Meredith

Over 2 full days participants will learn about the signs and symptoms of common mental health problems in the older person. How to offer initial help, where to get professional and other help.

Registrations via [4cs.org.au/
civicrm/event/info?reset=1&id=234](https://4cs.org.au/civicrm/event/info?reset=1&id=234)

VOLUNTEERING COORDINATOR MEETING

Thursday 10 March 2022
9.15 am - 1.30 pm, Marrickville

Are you a Volunteer Coordinator or have Volunteer Coordination as a part of your role? Come and join other coordinators for connection and support in this meeting. Includes training session and FREE networking lunch.

Registrations via [4cs.org.au/
civicrm/event/info?reset=1&id=236](https://4cs.org.au/civicrm/event/info?reset=1&id=236)

VOLUNTEER ESSENTIALS

Monday 21 March 2022
9.00 am - 3.30 pm, Campsie
Free (BYO Lunch)
Trainer - Leonie Puckeridge

Are you about to start volunteering, recently started or returning after a break? This course will cover the essentials for volunteers in CHSP funded services

Registrations via [4cs.org.au/
civicrm/event/info?reset=1&id=247](https://4cs.org.au/civicrm/event/info?reset=1&id=247)

COMMUNITY GOVERNANCE TRAINING FOR BOARD MEMBERS

Wednesdays 23 March,
30 March and 6 April 2022,
Canterbury Leagues Club
Short evening sessions on
3 consecutive weeks from
5.30 pm - 8.30 pm.
All sessions free for existing
or potential board members

If you are new(ish) to a governance role or thinking of joining a NFP board, these interactive workshops will help you successfully navigate the role.

Registrations via [4cs.org.au/
civicrm/event/info?reset=1&id=249](https://4cs.org.au/civicrm/event/info?reset=1&id=249)

ONSITE AND CUSTOMISED TRAINING

STARS have accredited trainers that can facilitate onsite or online training for your team. Contact Leonie Puckeridge on leonie.puckeridge@4cs.org.au or 9750 9344 if you are interested in training contextualized to meet your team's needs.