



We have some new activities this Term - please see below. If you would like more information call Romana on 0412 270 811 or [romana.waseem@4cs.org.au](mailto:romana.waseem@4cs.org.au)

## HOME GARDENING PROJECT

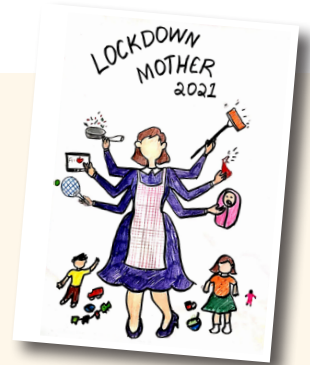


Would you like to grow your own flowers, vegetables or herbs and have primary school aged children?

We can supply you with a Kitchen Garden Kit to grow and enjoy your own Kitchen Garden. We supply the pot, seeds and pellets, all you need to do is water them regularly, take good care of them and watch them grow.

If you are interested please call Romana on 0412 270 811 or [romana.waseem@4cs.org.au](mailto:romana.waseem@4cs.org.au).

## MUMS IN LOCKDOWN! TALK, SHARE AND LAUGH ON WEDNESDAYS



Join this new group of local women to share the good and bad times, as well as experiences of being a mother in Lockdown.

**Starts** Wednesday 13 October, 10.30 am - 12 pm

**Online via Zoom** (Limited iPads are available for loan for women needing to join online)

**Facilitated by** Jennifer Brackman (Counsellor) and Romana Waseem, 4cs

**Places limited:** To book your place call Romana on 0412 270 811 or email [romana.waseem@4cs.org.au](mailto:romana.waseem@4cs.org.au)

This wonderful artwork "Lockdown Mother 2021" was done by Banafshia Syeda and we thank her so much for sharing it with us!

## FREE WOMEN'S ENGLISH CLASSES NOW ONLINE VIA ZOOM



### Mum 2 Mum Beginners to Intermediate

Starts Term 4

Monday 11<sup>th</sup> October, 10.00 am - 12.00 pm

### Women's Beginner English Class

This class is for women starting to learn English and is held every Monday afternoon during school term.

Mondays - Starts 11<sup>th</sup> October, 12.30 - 2.30 pm

For details on how to join call Romana on 0412 270 811 or [romana.waseem@4cs.org.au](mailto:romana.waseem@4cs.org.au).

## LOOK OUT FOR OUR DIGITAL STORYBOARD OF FAMILY LIFE IN LOCKDOWN...

**A BIG THANKYOU** to everyone that entered.

We received over 200 entries including photos, drawings, poems and videos capturing family life during Covid-19.

Look out for it on our facebook page!