



# WOMENS ACTIVITIES AT THE 4CS

## TERM 1 - Commencing February 2022



Canterbury City  
Community Centre  
Community Building Community

We have some new activities this Term at the Cottage - please see below. If you would like more information call Romana on 0412 270 811 or [romana.waseem@4cs.org.au](mailto:romana.waseem@4cs.org.au)

### HOME GARDENING PROJECT

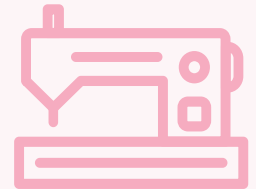


Do you have primary school aged children, would you like to grow some flowers, vegetable or herbs in your home?

We have some small kits available, one per household for families living in Canterbury Bankstown.

If you are interested in having a garden kit please call Romana on 0412 270 811 or [romana.waseem@4cs.org.au](mailto:romana.waseem@4cs.org.au) and we will organise a time for you to pick it up.

### NEW! SEWING CLASSES



TAFE NSW will be running an accredited course on how to Make a Simple Garment.

Classes will be for 8 weeks, every Thursday 9.30 am – 2.30 pm (No Childminding)

**Enrolment** 10.00 am Thursday 3rd February  
The Cottage, 28 Croydon St Lakemba

### ENGLISH AND WORK SKILLS – CERTIFICATE II WITH TAFE NSW



Do you want to improve your English and Employment opportunities? This 18 week course will help you get ready for work

Classes will be on Wednesdays and Fridays 9.30 am – 2.30 pm – starting 2<sup>nd</sup> March 2022

**Enrolment** 10.00 am Wednesday 16<sup>th</sup> February  
The Cottage, 28 Croydon St Lakemba.

See [link](#) for details

### MUM 2 MUM ENGLISH CLASSES



#### Mum 2 Mum Beginners English Classess

This class is for women starting to learn English and is held every Monday morning during school Term.

Mondays - Starts 7<sup>th</sup> February 9.30 am - 11.30 am

#### Mum 2 Mum Intermediate English Classes

This class is for women wishing to improve their English and is held every Monday afternoon during school term.

Mondays – Starts 7<sup>th</sup> February, 12.30 - 2.30 pm

For details on how to join call Romana on 0412 270 811 or [romana.waseem@4cs.org.au](mailto:romana.waseem@4cs.org.au).

### PARENTING GROUP FOR URDU SPEAKERS OF CHILDREN AGED 5 – 12



Want to meet other parents and share ideas to help your kids understand and control their emotions?

**Starting** Tuesday 22<sup>nd</sup> February 2022  
9.30 am – 12.00 pm for 6 weeks.

Free and limited childminding provided!