# STARS Training Workshops

### July to September 2019



Please note that for STARS training there is a priority of access to CHSP volunteers and staff working in the Canterbury Bankstown and Inner West Local Council Areas.

#### ORGANISATIONAL GOVERNANCE & NEW AGED CARE QUALITY STANDARDS Board Training Thursday 11 July 2019

6:00 pm to 8:30 pm Belmore

This free workshop will look at Board responsibilities in relation to the new Single Aged Care Quality Framework with a particular emphasis on Standard 8 – Organisational Governance. Facilitated by ACSA and STARS.

#### PROVIDE FIRST AID AND PROVIDE CARDIOPULMONARY RESUSCITATION

#### (HLTAIDOO3) and (HLTAIDOO1) Monday 5 August 2019 9:30 am to 4:30 pm Campsie

Facilitated by Mary Blankevoort Metro Training in partnership with Allen's Training. Cost for CHSP volunteers \$ 60.00, CHSP staff \$ 90.00 and other staff \$130. Priority of access to CHSP.

## NEW AGED CARE QUALITY STANDARDS

Training for CHSP volunteers Tuesday 6 August 2019 9:30 am to 11:30 am Newtown

This free brief workshop gives an overview of the key elements of the new Aged Care Quality Standards with a focus on Standard 1 – Consumer dignity and choice. An interactive and fast paced workshop that will keep you engaged!

#### CULTURAL DIVERSITY

#### Thursday 8 August 2019 10:00 am to 1:00 pm, Riverwood

This free workshop will look at the importance of; cultural awareness with both Aboriginal and Culturally and linguistically diverse groups; a brief history of Australia and migration; the concept of culture and cultural competency best practice.

#### SUICIDE PREVENTION

#### Monday 26 August 2019 10:00 am to 2:30 pm, Campsie

Informed by the latest research in suicide prevention, Wesley LifeForce training equips participants with a variety of skills such as managing suicidal crisis, understanding risk and protective factors, as well as how to recognise potential warning signs. This training is free and is for staff, volunteers and community members.

Registrations are essential and can be made through Eventbrite

www.eventbrite.com.au/e/wesleylifeforce-suicide-prevention-halfday-workshop-campsie-nswtickets-61677026647 or Wesley LifeForce on 9857 2661.

### SAFE FOOD HANDLING (non-accredited)

#### Monday 16 September 2019 12:30 pm to 3:00 pm, Campsie

This free session will cover a range of topics including; where and how to store food, how to handle food safely, personal hygiene, legislation – how it affects food handlers, food transportation, food spoilage, cleaning & sanitation and your legal responsibilities as a volunteer. Facilitated by Jill Lipman.

#### **ONSITE TRAINING**

STARS have accredited trainers that can facilitate onsite training for your team. Please contact Deb Helmrich via email <u>starstraining@4cs.org.au</u> or call 9750 9344 if you are interested in training contextualized to meet your teams needs.

#### DIVERSITY FORUM: Trauma informed care

This Forum aims to link the Diversity Framework and Action Plans with a short introductory training about trauma informed care. This will be followed by a panel scenario and discussion facilitated by Glen Sorensen. Panel members include:

- Barbara O'Neill, Community Capacity Building Indigenous Communities, JNC
- Shane Campbell, Coordinator Home Based Care, ACON
- Leonie Sheedy, CEO, Care Leavers Australasia Network
- David King, Open Arms Veterans and Families Counselling
- Vanessa Galbraith-Marten, NSW Service for the Treatment & Rehabilitation of Torture and Trauma Survivors (STARTTS)

9:30 am to 1:30 pm, <mark>Thursday 4 July 2019</mark> at NSW Teachers Federation Rooms 2 & 3, Level 1, 23-33 Mary Street, Surry Hills

Cost \$20 To Book Eventbrite <u>www.eventbrite.com.au/e/diversity-forum-</u> trauma-informed-care-registration-62832094486

