STARS Training Workshops

April to June 2019



It has been a busy start to the year with 13 workshops and over 250 attendances at training!

OLDER PERSONS MENTAL HEALTH FIRST AID

This 2 day training is FREE for community members, volunteers and staff. Facilitated by Wesley Training & Jane Massa Sydney Local Health District.

Please register through the Eventbrite links below.

• Marrickville - 4 and 11 April 2019

eventbrite.com.au/e/older-personmental-health-first-aid-marrickvilletickets-57961470318

Campsie - 6 and 13 May 2019

eventbrite.com.au/e/older-personmental-health-first-aid-campsietickets-57961744137

• Balmain - 6 and 13 June 2019

eventbrite.com.au/e/older-personmental-health-first-aid-balmaintickets-57961612744

SAFER HOME VISITING

Training to help workers to be more safety conscious

Thursday 11 April 2019 10:00 am to 1:00 pm Marrickville

Topics include:

- assessment of risk situations
- safety behaviours for home visits
- Work, Health & Safety responsibilities
- risk identification, assessment, control, monitor and review practices.

Free for CHSP volunteers, \$ 20.00 other volunteers, \$ 50.00 for staff.

STEP INTO VOLUNTEERING

Free Volunteer Home Visitor Information Session

Monday 29 April 2019 1:00 pm to 3:00 pm Lakemba

For people interested in volunteering with people in their own homes or in a residential aged care facility.

HOARDING & SQUALOR

Training in Effective Service Responses

Wednesday 1 May 2019 9:30 am to 4:30 pm, Belmore

This workshop explores the nature of hoarding and squalor. It outlines case management (engagement) strategies to effectively support people to address issues associated with hoarding and/or squalor. This will include group activities and discussions.

DEMENTIA ESSENTIALS

(CHCAGE005) Provide support to people living with dementia

3 Day Program Thursdays 30 May, 6 and 13 June 2019 9:00 am to 3:30 pm Marrickville.

This accredited training is free and suitable for all staff working or caring with someone with dementia. FREE and facilitated by Dementia Australia.

Registrations to : <u>nsw.education@</u> <u>dementia.org.au</u> or call 8875 4651

ONSITE TRAINING

STARS have accredited trainers that can facilitate onsite training for your team. Or if a consultant is needed STARS can assist with the cost of onsite training. Please email <u>starstraining@4cs.org.au</u> if you are interested in training contextualized to meet your teams needs.

2019 SERVICE PROVIDERS BEST PRACTICE FORUM: Implementing Independence, Wellness & Reablement Models in CHSP and HCP

Don't miss out on hearing from a range of service providers showcasing examples of wellness and reablement programs in the home care sector.

The sessions will provide opportunities for service providers to:

- Learn about innovative approaches to wellness and reablement
- Explore different models and strategies to increase the wellbeing, independence, social connection and functional ability of older people
- · Identify strategies to measure the impact of programs and strategies
- Develop collaborative approaches to wellness & reablement
- · Link to networks of wellness and reablement providers

9:30 am to 3:30 pm, Thursday 2 May 2019 at Bankstown Library and Knowledge Centre

Free – RSVP by 18 April 2019. Book in now so you don't miss out!

RSVP to either Beatriz Cardona SWS SSDO <u>swshaccdo@tmn.net.au</u> or Marina Antonas Inner West SSDO <u>Marina.Antonas@burwood.nsw.gov.au</u>

