



### CULTURAL COMPETENCY AND TRAUMA INFORMED CARE WITH OLDER PEOPLE FROM REFUGEE BACKGROUND

This half-day workshop will give participants an understanding of the impact of torture and refugee trauma, how this impacts on the ageing process, and vice versa.

Tuesday 12<sup>th</sup> April 2022, 9:30 am to 12:30 pm  
Campsie Library Activity Room

Trainer: Joshua Hall, Psychologist - STARTTS  
FREE for CHSP and other aged care staff and volunteer. **Register via** [4cs.org.au/civicrm/event/info?reset=1&id=257](https://4cs.org.au/civicrm/event/info?reset=1&id=257)

### PROVIDE FIRST AID (INCLUDES CPR) HLTAID011



This training course will give you the skills and knowledge required to provide First Aid response in a range of situations, including duty of care, recovery position, CPR, AED, bandaging, slings, asthma, anaphylaxis and medical emergencies.

**Note:** Completion of online pre-course learning (approx 3 hours) is required before attending face to face.

**When:** Monday 4<sup>th</sup> April 2022, 1:00 pm to 4:00 pm

Trainer: Mary Blankevoort

\$60 CHSP volunteers; \$90 CHSP staff; \$130 Others (CPR only - \$45 CHSP volunteers; \$60 CHSP staff; \$90 Others).

**Register via** [4cs.org.au/civicrm/event/info?reset=1&id=253](https://4cs.org.au/civicrm/event/info?reset=1&id=253)

### NATIONAL VOLUNTEER WEEK EVENTS 2022



**Inner West** - Are you volunteering in the Inner West? Come and join STARS for a celebratory lunch and learn to Chair Salsa! ... Registrations limited to 2 per organisation.

**When:** Tuesday 17<sup>th</sup> May 2022, 11:00 am to 2:00 pm

**Venue:** Yanada Community Meeting Room, Luna Apartments, 22 Hudson St, Lewisham **Cost:** FREE

**Canterbury Bankstown** - Volunteering in Canterbury Bankstown? Come meet other volunteers and enjoy a celebratory lunch with STARS to say Thank you during National Volunteer Week. Registrations limited to 2 per organisation.

**When:** TBC **Time:** 12:00 pm to 1:30 pm

**Venue:** TBC **Cost:** FREE

### VOLUNTEER COORDINATOR MEETINGS HELD BI-MONTHLY VIA ZOOM

Are you a volunteer coordinator or have volunteer co-ordination as part of your role? Come and join other coordinators for connection and support.

**Next Meeting** Tuesday 5<sup>th</sup> April 2022, 10:00 am to 11:30 am

**Register via** [4cs.org.au/civicrm/event/info?reset=1&id=252](https://4cs.org.au/civicrm/event/info?reset=1&id=252)

For further information contact Angela on 9750 9344 or [angela.gallard@4cs.org.au](mailto:angela.gallard@4cs.org.au)

### ONLINE AGED CARE SERVICE PROVIDERS FINANCIAL MANAGEMENT WORKSHOP - A SECTOR SUPPORT & DEVELOPMENT COLLABORATION

This workshop will assist aged care service providers (both CHSP-funded & Approved Aged Care Package providers), to prepare for the new Aged Care system proposed by the Federal Government.

The workshop will provide a practical, hands-on approach, giving workshop participants take-home tools and strategies that they can easily implement in their workplace. It will build on and support Carrie Hayter's Unit Costings Tool.

Wednesday 6<sup>th</sup> April OR Thursday 7<sup>th</sup> April 2022 (Attend one session only - Same content each date)

10:00 am - 11:30 am

90-minutes online via Zoom

Presenters: [Stuart Brown Accountants](#)

FREE for CHSP and HCP providers

**To register for Wednesday 6<sup>th</sup> April**

[https://us02web.zoom.us/webinar/register/WN\\_fauanrCtQ9ansF03CZ76dQ](https://us02web.zoom.us/webinar/register/WN_fauanrCtQ9ansF03CZ76dQ)

**To register for Thursday 7<sup>th</sup> April**

[https://us02web.zoom.us/webinar/register/WN\\_mr0qK8kLRJ684VTYqzdBag](https://us02web.zoom.us/webinar/register/WN_mr0qK8kLRJ684VTYqzdBag)



### MANUAL HANDLING

This is for workers supporting people with individual or group social support and transport in the community. Includes risk management, back care & practical application specifically to transport

When: Monday 2<sup>nd</sup> May 2022

Time: 12:30 pm - 4:00 pm **Register via [4cs.org.au/civicrm/event/info?reset=1&id=255](https://4cs.org.au/civicrm/event/info?reset=1&id=255)** OR

When: Monday 6<sup>th</sup> June 2022,

Time: 9:00 am - 12:30 pm **Register via [4cs.org.au/civicrm/event/info?reset=1&id=256](https://4cs.org.au/civicrm/event/info?reset=1&id=256)**

At the Carrington Centre, 2 Carrington St, Campsie

Trainer: Susan Sith

### IDENTIFYING & RESPONDING APPROPRIATELY TO ELDER ABUSE



#### Session 1 - Identifying Elder Abuse

Covers types, signs and causes of elder abuse and what to do when elder abuse is suspected, observed or alleged.

Tuesday 3<sup>rd</sup> May, 10:00 am - 12:00 noon (For all staff/volunteers) - Online by Zoom - Trainer: For frontline workers, senior staff, co-ordinators and managers

FREE for CHSP and other aged care staff and volunteers

**Register via [4cs.org.au/civicrm/event/info?reset=1&id=258](https://4cs.org.au/civicrm/event/info?reset=1&id=258)**

#### Session 2 - SIRS Reporting & Responding to Elder Abuse Situations

Covers requirements for agency policy statements, design of appropriate response procedures and new reporting arrangements under SIRS.

Tuesday 3<sup>rd</sup> May, 1:00 pm - 2:30 pm (For co-ordinators/senior staff) - Online by Zoom - Trainer: Glen Sorensen

FREE for CHSP and other aged care staff and volunteers

**Register via [4cs.org.au/civicrm/event/info?reset=1&id=259](https://4cs.org.au/civicrm/event/info?reset=1&id=259)**

### CUSTOMISED ONSITE & ONLINE TRAINING

STARS have accredited trainers that can facilitate onsite or online training for your team. Contact Leonie Puckeridge, STARS Training Officer on [leonie.puckeridge@4cs.org.au](mailto:leonie.puckeridge@4cs.org.au) or 9750 9344 if you are interested in training contextualized to meet your team's needs.

### WELLNESS, REABLEMENT & DIGNITY OF RISK WITHIN A WELLNESS FRAMEWORK

For frontline workers, senior staff, coordinators & managers

How has the COVID affected implementation of Wellness and Reablement? What is the Commonwealth expecting from providers in this area of practice? What future directions emerge from the Royal Commission into Aged Care Quality and Safety recommendations? What are the challenges ahead for the sector in further embedding wellness and reablement as universal practice with clients

Thursday 16<sup>th</sup> June 2022, 10:00 am to 12:00 noon

Trainer: Glen Sorensen, Online by Zoom

FREE for CHSP and other aged care staff and volunteers.

**Register via [4cs.org.au/civicrm/event/info?reset=1&id=260](https://4cs.org.au/civicrm/event/info?reset=1&id=260)**

### OLDER PERSONS MENTAL HEALTH FIRST AID (OPMHFA)

Limited Places available for CHSP staff & volunteers

Over 2 full days participants will learn about the signs and symptoms of common mental health problems in the older person and how to provide mental health first aid in a crisis situation.

Friday 17<sup>th</sup> & 24<sup>th</sup> June 2022, 9:30 am to 4:30 pm (Attend both days)

Trainer: Jane Massa and Danni Meredith

Cost: \$25 for CHSP staff & volunteer (BYO lunch)

**Register via [4cs.org.au/civicrm/event/info?reset=1&id=261](https://4cs.org.au/civicrm/event/info?reset=1&id=261)**

### STEP INTO VOLUNTEERING

Have you ever thought about volunteering but didn't know where to start? Come along to this information session to find out! Open to the public - however registrations are essential

Monday 20<sup>th</sup> June 2022, 1:00 pm to 2:30 pm  
The Carrington Centre, Campsie

Trainer: Angela Gallard, STARS

FREE - For further information contact Angela on 9750 9344 or [angela.gallard@4cs.org.au](mailto:angela.gallard@4cs.org.au)

**Register via [4cs.org.au/civicrm/event/register?id=251&reset=1](https://4cs.org.au/civicrm/event/register?id=251&reset=1)**