# Canterbury-Bankstown Emergency Relief Directory

## 1. EMERGENCY AID- FOOD, MATERIAL AND FINANCIAL SUPPORT

Organisation	<b>Contact Details</b>	Service	Day/Time	Cost	Conditions of Use
St Vincent de Paul	Various Locations	Food Vouchers	Call to arrange an	Free	Individuals & families
	Main Phone- 13 18 12		appointment.		experiencing
					disadvantage.
					Must provide
					Centrelink income
					statement & photo
					identification.
Salvation Army	Campsie	Food vouchers and	Call main phone 1300	Free	Individuals & families
	23 Anglo Road	food parcels	371 288 to arrange an		experiencing
	Campsie NSW 2194		appointment.		disadvantage.
	Tel: 9718 7933				Must provide
					Centrelink income
					statement & photo
					identification.
Prosper Project	34 North Parade	Food parcels, clothing,	Thursday between	Free	Individuals & families
Australia- Campsie	Campsie NSW 2194	household items and	10am and 2pm		experiencing
Sydney Help Hub	Tel: 0402 787 571	financial assistance.			disadvantage.
Metro Assist	Campsie	Food vouchers, bills,	Food parcels are	Free	Individuals & families
	Level 2/59-63 Evaline	medical costs,	available Fridays		experiencing
	St, Campsie NSW 2194	clothing, partial	<u>Campsie only</u> .		disadvantage.
	Tel: 9789 3744	assistance for short			Must bring proof of ID,
		courses fees and food	Please call to discuss		receipts/proof of
	Bankstown	parcels.	eligibility and to book		spending , recent
	62 Meredith St,		an appointment.		Centrelink statement
	Bankstown NSW 2200				and copies of bills.
	Tel: 8709 0200				

## **EMERGENCY AID- FOOD, MATERIAL AND FINANCIAL SUPPORT**

Organisation	<b>Contact Details</b>	Service	Day/Time	Cost	Conditions of Use
Chester Hill Neighbourhood Centre	89 Waldron Rd Chester Hill 2162 Tel: 9645 3700	Bill help (Gas, Eletrical, Water and Telstra), food vouchers and food parcels	Please call to check availability and make an appointment.	Free	For people living in Bankstown and surrounding suburbs only. Must bring proof of ID, proof of income and copies of bills.
Muslim Women's Association	47 Wangee Road Lakemba NSW 2195 Tel: 9750 6916	Fresh Bread and food parcels (limited supply each week).	Bread available Thursdays from 11am.  Please call to check availability and make an appointment.	Free	None
Human Appeal Australia	119 Haldon Street Lakemba NSW 2195 Tel: 9750 3161	Food parcels	Please call to book an arrange a parcel.  Delivery and pick up available.	Free	None
All Saints Belmore	Corner Isabel and Cecilia Streets, Belmore NSW 2192 Tel: 0407 356 929	Food parcels	Please call to check availability and make an appointment	Free	None
Canterbury Harm Reduction	63 Tudor Street Belmore NSW 2192 Tel: 9718 2636	Food items	Friday from 10am	Free	Individuals & families experiencing disadvantage.

## EMERGENCY AID- FOOD, MATERIAL AND FINANCIAL SUPPORT

Organisation	<b>Contact Details</b>	Service	Day/Time	Cost	Conditions of Use
The Mamma Penny	Belmore Youth	Food parcels	Parcels delivered	Free	None
Initiative	Resource Centre		Friday 9:30am-11:00am		
	38-40 Redman Parade				
	Belmore NSW 2192		Please call to check		
	Tel: 0423 207 530		availability and make		
			an appointment		
Lighthouse Community	Tel: 1300 794 490	Food parcels	Delivery and pick up	Free	None
Support			available various days.		
			Please call to check		
			availability and make		
			an appointment.		
Asylum Seekers Centre	43 Bedford Street	Food parcels, toiletries	Please call to check	Free	Support is for people
	Newtown, NSW 2042	and limited clothing	availability and make		living in the
	Tel: 9078 1900	and household items	an appointment		community who are
		available.			seeking asylum.

## **2.**COMMUNITY MEALS

Organisation	<b>Contact Details</b>	Service	Day/Time	Cost	Conditions of Use
Prosper Project	34 North Parade	Food van with take	Food van Thursday	Free	Individuals and
Australia- Campsie	Campsie NSW 2194	away meals	11:45am-12:30pm.		families experiencing
Sydney Help Hub	Tel: 0402 787 571				financial distress
Greek Welfare Centre	206-210 Lakemba	Hot meals, bread, and	Tuesday, bread, and	Free	Individuals and
	Street	pastries.	pastries from 12pm		families experiencing
	Lakemba NSW 2195				financial distress
	Tel: 9750 7982	GWC is constantly	Friday: Bread and		
		adding and expanding	pastries from 11:30am		
		their services. Please			
		call for current help			
		available.			
Salvos Connect	42 Raymond Street	Take-away meals	Wednesdays 10am-	Free	Individuals and
Bankstown	Bankstown NSW 2195		12noon		families experiencing
	Tel: 1300 371 288				financial distress
The Exodus Foundation-	180 Liverpool Road,	Free hot meals	Daily	Free	Individuals and
Fishes and Loaves	Ashfield NSW 2131		Breakfast 9:00am-		families experiencing
	Tel: 8752 4600		9:45am		financial distress
			Lunch: 11:30am-		
			12:45pm		

#### **3.LOW COST GROCERIES AND COMMUNITY PANTRIES**

Organisation	<b>Contact Details</b>	Service	Day/Time	Cost	Conditions of Use
Bankstown Women's Health Centre	Level 1 24-26 Jacobs Street Bankstown NSW 2200 Phone: 9790 1378	Food parcels	Every Thursday by appointment only.  Please call to check availability and make an appointment	\$2.00	For people living in Bankstown and surrounding suburbs only.
Greenacre Area Community Centre	87 Waterloo Road Greenacre NSW 2190 Tel: 9750 7982	Food parcels	Friday from 12noon. Please call to check availability and to make an appointment	\$2.00	People must be living in the Canterbury-Bankstown Area. Priority is given to people with large families, single parent families and those that have lost their job due to COVID-19.
The Staples Bag	449 Canterbury Road Campsie Tel: 9787 6832	Low cost groceries	Monday- Friday 9:30am-4:30pm Saturday & Sunday 9:00am - 2:30pm	Varies	None- temporarily cashless.
Addison Road Food Pantry	Hut 1/142 Addison Road Marrickville 2204 Tel: 9569 7633	Low cost groceries. Spend a minimum of \$5 to receive free bread, fruit, and vegetables.	Pantry open: Monday-Friday 12pm-4pm Drive through collection: Monday 10am-12noon	Varies. Note: International and Temporary Visa Holders are eligible for \$10 food voucher.	None.

#### 4.BILL HELP- ENERGY ACCOUNTS PAYMENT ASSISTANCE (EAPA) VOUCHERS

If you're having difficulty paying your electricity and/or gas bill, you could be eligible for Energy Accounts Payment Assistance (EAPA) \$50 vouchers.

This is a list of EAPA providers. Please call the organization to arrange a time.

Organisation	Telephone Number	Service Areas	Opening Times
Anglicare Bankstown	9796 7258	Bankstown	Monday to Friday 9am to 12:30pm and 1pm to 4pm
Padstow Community Care	97722299	Bankstown LGA	Monday, Tuesday, and Thursday 9.30am to 3pm
Burwood Community Welfare Services	9744 1866	Burwood and surrounding Inner West Sydney	Monday to Thursday 10am to 12:30pm
Lebanese Muslim Association	9750 6833	Canterbury-Bankstown, Liverpool LGA's	Tuesday, Wednesday and Thursday10:30am to 2pm
Muslim Women Association Lakemba	9750 6916	Canterbury LGA	Monday to Friday 9am to 4pm
Metro Assist	9789 3744	Canterbury-Bankstown LGA	Monday to Friday 9am to 4pm
Exodus Foundation	8752 4633	Ashfield LGA	Monday to Friday 9am to 4pm
Greek Welfare Centre	9516 2188	Newtown LGA	Monday to Friday 9am to 4pm
Arab Council of Australia Inc	9709 4333	Servicing all of NSW	Monday to Friday 9am to 4pm
Bobby Goldsmith Foundation	9283 8666	Servicing all of NSW	Monday to Friday 9am to 5pm
Wesley Mission Community Services	4723 9277	Servicing all of NSW	Monday to Friday 9am to 5pm
Salvation Army	1300 371 288	Servicing all of Australia	Monday to Friday 9am to 5pm
St Vincent de Paul	13 18 12	Servicing all of Australia	Monday to Friday 9am to 5pm

#### **BILL HELP- ENERGY ACCOUNTS PAYMENT ASSISTANCE (EAPA) VOUCHERS**

#### Eligibility

You must:

- have an electricity or natural gas account for a NSW residential address,
- be the electricity or natural gas account holder (your account and bill must be in your name), and
- be experiencing a short-term financial crisis

#### How to apply

You will need to provide:

- Copy of current electricity and/or gas bill that shows your name, energy retailers name and account number,
- Proof of ID like a drivers license, passport or proof of age card
- Recent bank statement and Centrelink income statement

You can also apply via Service NSW website: <a href="https://www.service.nsw.gov.au/transaction/energy-accounts-payment-assistance-eapa-scheme">https://www.service.nsw.gov.au/transaction/energy-accounts-payment-assistance-eapa-scheme</a>, or all 13 77 88 for more information.

## **BILL HELP- ENERGY AND WATER OMBUDSMAN NSW (EWON)**

EWON can help resolve billing, metering, hardship, network issues and problems of an energy and water nature.

Tel: 1800 246 545 or go to website <a href="http://www.ewon.org.au">http://www.ewon.org.au</a>.