

Manual Handling

Principles around safe manual handling for workers supporting people in the community including risk management, back care principles and practical application to relevant tasks.



Practical tasks include:

- On and off the bus
- Chair and car transfers
- Assist people to stand, walk and manage steps
- Lifting and carrying shopping bags
- Pushing shopping trolley.

When:

Monday
9 April 2018
10:00 am to 3:00 pm

Where:

The Carrington Centre
2 Carrington Square
(off Anglo Street),
Campsie NSW 2194

Cost:

Free CHSP/CCSP volunteers
\$20 other volunteers
\$50 staff (Priority of access to
CHSP/CCSP funded services)

Please note: This workshop does not include wheelchair on/off bus or hoist transfer

Facilitator: Sue Smith, Sue Smith Safety Services



SUE SMITH
SAFETY
SERVICES

Supported by funding from the NSW and Australian government under the CHCP/CCSP programs

Bookings and enquires **9750 9344** or customerservice@4cs.org.au