

Manual Handling

Safe manual handling training keeps both clients and workers safe.

Staff and volunteers who support clients in their roles should attend this training on a regular basis.



This training will cover principles around safe manual handling for workers supporting people in the community including risk management, back care principles and practical application to relevant tasks including:

- On and off the bus
- Chair and car transfers
- Assist people to stand, walk and manage steps
- Lifting and carrying shopping bags
- Pushing shopping trolley.

When:

Monday
23 March 2020
10:00 am to 3:00 pm

Where:

The Carrington Centre
2 Carrington Square
Campsie NSW 2194

Cost:

Free for CHSP volunteers
\$50 for staff (Priority of access to CHSP funded services)

Facilitator: Sue Smith, Sue Smith Safety Services



Please note: This workshop does not include wheelchair on/off bus or hoist transfer

Funded by the Australian Government Department of Health

Bookings and enquires **9750 9344** or customerservice@4cs.org.au

