

# NEW GREENACRE SENIORS BIG DAY OUT!

Activities for Seniors at Greenacre Area Community Centre



Do you live in or around Greenacre? Then why don't you join our new Seniors Big Day Out! Come for all the activities or come for some! Activities may include:

- Gentle exercise
- Yoga
- Line dancing
- Learning to use an iPad.

## When

Tuesdays  
10:00 am to 3:15 pm

## Where

Greenacre Area Community Centre  
87 Waterloo Rd, Greenacre 2190

Morning tea and afternoon tea provided

**Cost:** \$ 5.00 for 1 activity and \$ 10.00 for 2 or more activities. \$ 5.00 for transport (\*\*limited transport available for eligible participants who are over 65)

**In Partnership:** Canterbury City Community Centre working in partnership with Greenacre Area Community Centre



If you are over 65 and not registered with My Aged Care, we can help with this

**Bookings call Alison on 9750 9344 for afternoon iPad class or Renee on 9750 7982 7982 for morning exercise classes**