An Australian Government Initiative

Dementia Care *Essentials*

Free Training in Dementia Care

Attain Nationally Accredited Recognition

Certificate 3 (CHCAC319A Provide Support to people living with dementia) is a **free** **Dementia Care Skills for Aged Care Workers Program** funded by the Commonwealth Department of Health & Ageing in partnership with the HammondCare's Dementia Centre and YWCA NSW registered training organisation.

This is an intensive course and participants **must** commit the time to attend **all** 3-days (1 day a week over 3 weeks) of this course plus **half hour assessment at your workplace** by a qualified and experienced trainer.

Aim: This course is for people who care for people with dementia. The course is designed to give you a foundation of knowledge that will help you to understand dementia and to use your new skills in practical ways.

Trainer: Margi Edmondson **Educator/Manager:** Deb Helmrich STARS, Canterbury City Community Centre

Venue Address: Carrington Centre meeting room 2 Carrington Square Campsie (entrance at glass doors next to Meals on Wheels)

Course Dates: Wednesdays 7, 14 & 21 March 2012

Time: 8.45am to 3.30pm **What is provided:** Student workbooks and other resources

Attendees BYO: Lunch, Photo ID, Copy of your Organisation's Mission Statement & Core Values

Registration: Deb Helmrich 9750 9344 **Email:** starstraining@4cs.org.au

Following the satisfactory completion of the mandatory half hour workplace assessment, a nationally recognised Certificate of Attainment in unit **CHCAC319A (Provide Support to people living with dementia)**, part of the VETAB accredited Certificate III in Aged Care will be issued by the **YWCA NSW.**

Who should attend?
Health professionals of all levels, Senior Managers, Educators, Registered Nurses, Recreation Officers, specialist aides and Personal Care Workers. There are NO pre-requisites for attending this course.

Course Content
The course content is based on the People Centered Care approach developed by HammondCare Dementia Centre. The program is designed under the Certificate III National Training package, CHCAC319A module, and covers:

- **Provide Support -** Work with a basic understanding of Dementia
- **Communication** - Use communication strategies which take into account the progressive and variable nature of dementia
- **Activities** - Provide appropriate activities to maintain client's dignity, skills and health at an optimum level
- **Behaviour** - Develop and implement strategies which minimize the impact of behaviors of concern reducing excess disability.
- **Self Care -** Use appropriate self care strategies and seek support if required

Training to care for people with Dementia

DC THE DEMENTIA CENTRE

YWCA NSW Supporting people at critical times

National Provider No. 90219
RTO ID No. 47216

CNE Points:18

ROYAL COLLEGE of NURSING Australia

This course is endorsed by APEC number **010410002** as authorised by Royal College *of* Nursing, *Australia* (RCNA) according to approved criteria.
Attendance attracts 18 RCNA CNE points as part of RCNA's Life Long Learning Program (3LP).

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