



home and community care

A JOINT COMMONWEALTH AND STATE/TERRITORY PROGRAM  
PROVIDING FUNDING AND ASSISTANCE FOR AUSTRALIANS IN NEED



### STARS TRAINING CALENDAR (JULY - DECEMBER 2009)

Thursday 9 <sup>th</sup> July	<b>Safe Food Handling</b> Facilitator – Jill Lipman, Insight Training and Consultancy	Carrington Centre 2 Carrington Square Campsie <b>10am – 12noon</b>
Thursday 16 <sup>th</sup> July	<b>Creative Activities with Elderly People-A session for HACC Day Care Workers</b> Facilitator - David Capra, an award-winning professional artist, with an extensive background in community arts and workshop facilitation.	Carrington Centre 2 Carrington Square Campsie <b>10am - 1pm</b>
Wednesday 29 <sup>th</sup> July	<b>Duty of Care &amp; Documentation</b> Facilitator – Betty Stampoulis-Lyttle, Accredited Trainer & STARS Community Training Officer	Amenities (Meeting) Room Petersham Town Hall 107 Crystal Street, Petersham <b>10am - 1pm</b>
Wednesday 5 <sup>th</sup> August	<b>Grief &amp; Loss – An Introduction</b> Facilitator – Betty Stampoulis-Lyttle, Accredited Trainer & STARS Community Training Officer	St Peters Town Hall 37 Unwins Bridge Road St Peters (Opp Green Park) Ground Floor Meeting Room <b>10am – 12noon</b>
Thursday 13 <sup>th</sup> August	<b>What is Dementia?</b> Facilitator - Anne Tunks, Project Officer, Dementia Advisory Service, SSAHS	St Peters Town Hall 37 Unwins Bridge Road St Peters (Opp Green Park) Ground Floor Meeting Room <b>10am – 1pm</b>
Thursday 10 <sup>th</sup> September	<b>Introducing Volunteering</b> Facilitator – STARS Recruitment Officer	Carrington Centre 2 Carrington Square Campsie <b>10am - 1pm</b>
Wednesdays 9 <sup>th</sup> and 16 <sup>th</sup> September	<b>Working Effectively with CALD Clients</b> Facilitator – Ellen Gore, Inner West Multicultural Access Project Coordinator	Annandale Neighbourhood Centre 79 Johnston Street Annandale <b>10am - 1pm</b>
Thursdays 17 <sup>th</sup> & 24 <sup>th</sup> September	<b>Working with Older People</b> Facilitator – Maureen Nash, Light Hearted Solutions Consultancy	Amenities (Meeting) Room Petersham Town Hall 107 Crystal Street, Petersham <b>10am - 1pm</b>
Thursdays 15 <sup>th</sup> & 22 <sup>nd</sup> October	<b>Stress Management &amp; Relaxation</b> Facilitator – Maureen Nash, Light Hearted Solutions Consultancy	Carrington Centre 2 Carrington Square Campsie <b>10am - 1pm</b>
Thursday 15 <sup>th</sup> October	<b>Introducing Volunteering</b> Facilitator – STARS Recruitment Officer	Community Room Next to Centre Management Leichhardt MarketPlace Cnr Marion & Flood Streets Leichhardt <b>10am – 1pm</b>
Wednesdays 4 <sup>th</sup> & 11 <sup>th</sup> November	<b>Accidental Counsellor</b> Facilitator – Betty Stampoulis-Lyttle, Accredited Trainer & STARS Community Training Officer	Annandale Neighbourhood Centre 79 Johnston Street Annandale <b>10am - 1pm</b>
Thursday 19 <sup>th</sup> November	<b>Manual Handling</b> Facilitator – Betty Stampoulis-Lyttle, Accredited Trainer & STARS Community Training Officer	Carrington Centre 2 Carrington Square Campsie <b>10am - 1pm</b>
Wednesday 25 <sup>th</sup> November	<b>Introducing Volunteering</b> Facilitator – STARS Recruitment Officer	St Peters Town Hall 37 Unwins Bridge Road St Peters (Opp Green Park) Ground Floor Meeting Room <b>10am - 1pm</b>
Monday 23 <sup>rd</sup> November	<b>Managing the Nutrition issues in Older People</b> Facilitator - Nicole Wiles, Community Dietitian / Nutritionist, HACC Community Nutrition Program, SSWAHS	Community Room Next to Centre Management Leichhardt MarketPlace Cnr Marion & Flood Streets Leichhardt <b>1 – 2.30pm</b>

#### BOOKINGS ARE ESSENTIAL FOR ALL COURSES on 9750 9344 or [starstraining@4cs.org.au](mailto:starstraining@4cs.org.au)

Training delivered by our staff is FREE for new volunteers, with a small charge of \$5.00 for HACC volunteers and \$15 for HACC staff (covered by the organisation). A higher fee may be charged for specialised training provided by consultants.

STARS reserves the right to cancel or postpone training if there is an insufficient number of people enrolled in courses.